

# The Daily Page

November 28, 2010

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## **Everything Is For The Best If You Rise Higher**

**Question:** The Creator is concealed, but instead of Him I have the group. How can I see pure bestowal in it?

**Dr. Laitman's Answer:** There are always disturbances in the group, and it is precisely with their help that we can do wonderful exercises, practicing to become similar to the Creator. Any negative must be used precisely as it was intended in order to turn it into a positive.

Everything is for the best; we only have to act correctly, without backing down from what is happening and by building the right attitude to it. "Everything is for the best" does not mean that we accept the inevitable ahead of time, as people commonly do. Rather, above the disturbance or example we received, we must first of all discern the final point, the corrected state. Then I will find the way to turn the incorrect into the correct, to unite myself in the present, the disturbance (which may be related to the friends, the Creator, or even my personal circumstances), and the goal of creation.

I will find out how to correct any aspect, be it a desire, intention, thought, or event. Not only will I be able to justify it and attribute it to the Creator, but I will also attach it to a connection with Him. I will understand to what extent I have to reconstruct my desire and way of thinking in relation to the given event, and how much I have to change my perception of the event in order to see that the Creator has brought me goodness.

The sign of this will be joy: I am happy because the Creator has given me the opportunity to come that much closer to Him. That is how our efforts gradually accumulate into a great possession.

*From the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 11/28/10](#), The Zohar*

## **Life With Many Unknowns**

**A person living in this world does not know what will happen to him at the next moment.** He does not understand why the things that happened to him yesterday happened and from where his thoughts and desires are now originating. He feels that he is controlled by unpredictable forces, as if he is hung in the air in relation to his past, present, and future. And he tries to find some kind of support, searching for an explanation to the universe with the help of logical reasoning and hypotheses.

His ego grows and asks more and more questions about life, and about what awaits him after death. The more strength we acquire through the development of technology, which opposes nature, the more powerfully nature comes out against us, forcing us to find the answer about how we are governed and what is the meaning of life. As a result, we feel as if we are in empty space.

When man lived in caves and chased mammoths, he thought that he knew everything about his life. He felt and understood the world much more than we do. We, on the other hand, are unsatisfied by any of the existing theories. We need a clear answer because we are unable to properly arrange even our day to day lives. So many questions arise that we are unable to cope with them.

It's like mathematics: In order to find one unknown, it is sufficient to have one equation. To find out two unknowns, you need two equations. However, in our lives we end up with many unknowns while having less and less data or facts with which to build a formula.

The philosophical and religious explanations of the past no longer work on us; we cannot rely on them. We demand facts and proofs, meaning attainment. If we knew that we do not have any freedom of will, then we would build a completely different society and relationships in it, a different system of punishment and justice. The problem that Kabbalah proposes to solve is not theoretic, but very practical: to determine where and how we can influence and realize this opportunity.

*From the 4<sup>th</sup> part of the [Daily Kabbalah Lesson 11/28/10](#), "Body and Soul"*