

The Daily Page

June 29, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Shame Is A Spiritual Degree

Question: If presently I don't feel shame before the Creator, does it mean that I still don't have the need to become independent?

Dr. Laitman's Answer: Obviously, at present, we still do not feel the need to become independent because we do not yet sense our dependency on Him. For that, we have to undergo a gradual, cause-and-effect development, the process of developing the creature.

We see an example of this kind of development in our children. They want to develop, but refuse to listen to their parents since they aspire to do everything themselves. Nature compels them to act this way since otherwise they would not grow. The same principle applies to us.

However, our spiritual development is under the condition that we feel our dependency on the Creator, that He does everything instead of our doing it ourselves. When we sense this condition, we don't want to remain in this state; we wish to become independent, big, and do something ourselves!

For this reason, the creature begins to feel shame, its dependency on the Creator, and detaches itself from Him. That is, we are willing to take upon ourselves the concealment; we want to feel it, protect it, and make sure it does not disappear. Above the concealment, we build our similarity to the Creator. Meanwhile, this concealment, the First Restriction, does not go away. We adopt it on ourselves. We do not want to become annulled in front of the immense force of the Creator.

-from the 1st part of the [Daily Kabbalah Lesson 6/29/10](#)

Religion Is A Reverse Connection With Spirituality

Religion was given to the nation of Israel during the exile so that the nation would realize the evil nature of egoism and develop the need for the Light that Reforms. All other nations had to evolve by means of their own religions and beliefs. Back in ancient Babylon, Abraham "gave presents (belief systems) to the children of his concubines and sent them to the East." The nearby nations received these "presents" in the form of the world religions: Christianity and Islam. They are considered presents because they stem from the Creator, and their mission is to bring people closer to Him. Their followers, too, are called to help man realize the evil nature of his egoism.

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All religions are a “reverse” connection with spirituality. This link ultimately shows us that we are opposite to spirituality. Gradually, we reveal that our egoism has developed to the point of no return; it is like a cancerous tumor that consumes us. This is revealed with the Light’s help. All of our historical development occurred by the influence of the Upper Light. The Light does everything by acting toward us directly or in its reverse form.

The Light develops our egoism and gradually elucidates its own nature to us. It lets us see that we exist in the evil, egoistic nature and that we distinguish only darkness, which is only what is beneficial to us. We slowly see egoism as evil, as the reason for all evil in the world. By seeing all of it, we then strive for goodness. These are all necessary stages of our development.

-from the 3rd part of the [Daily Kabbalah Lesson 6/29/10](#)