## The Daily Page

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Taken from the Daily Kabbalah Lesson of Dr. Michael Laitman and Bnei Baruch

## The Holographic Picture Of The Soul

The Creator demands our souls to unite. Our distancing from each other and feeling as strangers constitutes the entire corruption. The correction, on the other hand, lies in perceiving ourselves as being parts of a single body. Yet, if we simply perceive ourselves as parts of a body working together, it's not enough.

I have to become incorporated into everybody; they have to become incorporated into everybody else, and so on until infinity! It resembles a holographic picture where each element contains all the others in itself.

We are still unable to imagine this in our sensations because we are opposite to such a picture. The breaking of the vessels resulted in the feeling of complete separation from each other. We can't even understand how it is possible to incorporate into each other when there is no "I," which unites with all the others and becomes a single whole.

When our points in the heart unite, this illusionary reality of physical bodies fades away; only our desires remain. The more correctly each of us attempts to imagine our unification, the closer we move toward the true picture of reality, the only one there is. We only have to draw closer to it and reveal it. This is how we gradually heal ourselves from all these material illusions that envelop us.

-from the1<sup>st</sup> part of the <u>Daily Kabbalah Lesson 5/30/10</u>

## **Choosing The Good Fortune In The Group**

Question: How can I annul myself before the environment if I have no desire to do so?

**Dr. Laitman's Answer:** Understand that there is no choice; you are facing the wall. There is a group; annul yourself before it and you'll receive from it the importance of the goal. It's like filling up at a gas station. You refuel in that environment, and hence can drive a few more miles. If you refuel again, then you can drive a little further, and so on. You are saying: "I don't want to get any fuel; it's hard for me to drive to the gas station. What should I do?" You have no choice; strict laws are at work here.

Ask your friends to help you, as it is said: "Help a fellow man." But after you clarify all the conditions, there is nothing to ask for. You should act. Don't expect to find a back door to spirituality, because it does not exist!

There is only one principle: "We are under the influence of the environment which we choose." The Creator created it this way because we are parts of a single soul, and everybody depends on everybody else. This dependency remains even after the breaking of the vessels. It's either a good influence or a bad influence, but in any case, a person is completely dependent on the environment.

You were presented with the opportunity to enter the society that aspires to spirituality. However, now it is you who decides how to establish yourself in it. The Creator puts your hand on a good fortune and says: "Take it!" Now everything depends on you, whether you'll take it or not. He can't help you with anything else, for otherwise He will deprive you of free will. If He does your work instead of you, your individuality will cease to exist.

But if a person wants to stick to his old ways, meaning behave according to his nature as does the animal within him, it is his choice. How can he become "human"? He has to rise above the "animal" within and understand that he should overcome himself and annul himself before the group. From the first moment, any act consists only in feeling the importance of the others and uniting with them. You won't be able to do anything alone.

Only together can we change and attain anything. If it's not together, all that you do will be in vain. You won't realize yourself as a human being and will remain an animal. A "human" is he who was born by annulling himself before this special environment. It sounds paradoxical, but it is so.

-from the 4<sup>th</sup> part of the <u>Daily Kabbalah Lesson 5/30/10</u>