

# The Daily Page

August 30, 2010

*Taken from the Daily Kabbalah Lesson  
of Dr. Michael Laitman and Bnei Baruch*

## Examining The Correctness Of The Path

**It's very easy to determine whether the path is a spiritual one: Everything that we agree with does not relate to spirituality!** It is specifically the contradictions that our mind and senses do not accept that are undesirable and repulsive to us; they relate to spirituality. It is them in particular that we should work on.

If I sense that a certain state won't bring me any benefit either in my senses or mind, then by rising above this particular state I can start building spirituality. Most likely, in this state it will be impossible to "buy" me, and I won't look for a selfish profit; rather, I will need the Creator's help in order to rise above it. In other words, I constantly check myself: checking how much my body resists my work. And for me this is the sign of my correct spiritual advancement.

Further on, I need to examine what I'm doing it for. Perhaps I want to overcome myself and pursue some personal goals. Or maybe I want to find love of the Creator which is repulsive to my "body," my egoistic sensation and mind, and I'm searching for love that is built on hatred toward egoistic thoughts and desires about oneself.

Often, however, we don't try to transcend our bodies and we don't regret that we are unable to work according to our mind and feelings contained in the body. Instead of looking for a state that is beyond our sensations and mind, we wish to be in it.

First and foremost we need to push the body "down," along with its feelings and mind, and be above them, not to take them into account. That is, I take them into consideration, but only in order to rise above them. Then it's called faith above reason. But instead, I regret: Why is everything not revealed within my reason so that I can act as a sensible person and know that I have intellect and personal strength to advance correctly?

*-from the 1<sup>st</sup> part of the [Daily Kabbalah Lesson 8/30/10](#)*

## The New Formula For Success

**Question:** The mechanics of the development of desire in our world is simple and we have accumulated thousands of years of experience in it. What new knowledge does the science of Kabbalah offer regarding the use of desire?

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**Dr. Laitman's Answer:** Kabbalah offers the intention; nothing else is necessary! The Creator created the will to receive pleasure and He drives it to evolve. This desire is egoistic, making us constantly run after whatever might fill it. Such behavior characterizes the still, vegetative, and animate levels of existence. However, in our time, after millennia of growth, we have finally evolved to the “human” level (Adam), which is a totally different state of existence. A human is independent of the still, vegetative, and animate ways of existence.

To a human being, the most important thing is the intention, or the reason “why.” Why do I possess the still, vegetative, and animate levels? What do I live for? I wonder about the purpose of life, and when I have this question I come to Kabbalah. This is a totally new inclination where I don’t depend on the previous evolution of my desire. I have evolved, but what now? Now something completely new, mysterious, and unknown lies ahead of me.

Today’s human crisis is the crisis of the formula of our previous development which doesn’t work anymore! The previous period of evolution has ended, where the only operating forces were Light and desire, pleasure and hunger. Now I see that there is fulfillment and I feel a need for it, but I don’t understand how the two are connected.

Previously it worked very simply: the greater my desire, the greater its fulfillment. But today, even though my desire is enormous, I grab and enjoy what I want for an instant and then it’s gone. As a result, I don’t even want to run after pleasure any more. However, I still have to fill myself with something. Yet, I have nothing to do it with. Do you realize what a disaster this is?

Mankind does not know what to do with the situation. This leads to wars, crime, brutality, and terrorism because the moment man experiences emptiness and longing, he is willing to do whatever it takes to find at least some small fulfillment even for an instant!

We are now going through this transitional time. The egoistic desire has completed its evolution on the still, vegetative, and animate planes of existence. Now it has to grow as a “human,” which means “similar to the Creator.” This is an absolutely new form where one works in bestowal, the reverse of everything that one did before.

We neither comprehend this action nor where to get the strength for it. We do not have the mind, the desire, and the environment for it. We only have the science of Kabbalah and even that is available only for those who have already discovered it. That is why we are making such great efforts to disseminate it because we would like to accelerate evolution and offer a remedy well in advance of the next blow, before it strikes.

Otherwise no one will know what to do with this life: neither politicians, nor sociologists, nor psychologists, or any other scientists. Mankind will give up and agree to any sort of existence, hoping to conceal what is really happening and to continue living at least somehow.

*-from the 4<sup>th</sup> part of the [Daily Kabbalah Lesson 8/30/10](#)*