

The Daily Page

October 31, 2010

*Taken from the Daily Kabbalah Lesson
of Dr. Michael Laitman and Bnei Baruch*

Fill Worry with Joy

Lately I am receiving many letters saying that people are experiencing such great inspiration, worry, and pressure as they have never felt before in anticipation of any Convention we have had. In the past people came for the sake of pleasure and with happy anticipation, but now in addition they also feel worry.

This is the result of our connection. Never before have we worked on the connection between us so conclusively and irreversibly. We did not go through all of Baal HaSulam's articles so intensively, including "Matan Torah," "Mutual Guarantee," and others. We have never raised the importance so high.

Now, because of our mutual inclusion in one another, everyone is "holding" on to each other with inner vibrations. We are passing desires, inspiration, and impressions to one another. It is precisely the mutual inclusion that makes every person feel such a great sensation of pressure.

Without suppressing this sensation of inner unrest, we now have to fill it with joy and confidence that we are attaining something very great. The desire we have created through this mutual inclusion, which for now we experience just as inner worry and unrest, will be filled with confidence, mutual guarantee, joy, and fulfillment.

Every person has to be happy that this inner unrest comes to him from the fact that he is starting to feel others more and the common excitement is being transferred to him. This is very perceptible now.

From the 2nd part of the [Daily Kabbalah Lesson 10/31/10](#), The Zohar

Coming Out of the Bottle

The approaching Convention is a unity event. We want to create a unity so great that in it we will reveal the Upper World. That means that by the force of our common consolidation we will ascend above the personal egoism of every person.

Every person should feel that this ascent holds a new sensation of a new world, a breakthrough into a new dimension where we exist in bestowal instead of reception, as we do here.

The second half of reality lives by the law of bestowal, unlike the reality of our world, which exists by the law of reception. By uniting with each other we want every person to receive great forces from the group which will enable him to climb out of the "bottleneck" and, at least slightly, to feel the world that lives by the principles of bestowal.

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Even though we might fall back, nevertheless with time these “exits” will become more frequent. A person will start getting used to being between two worlds and will understand what is happening to him, until his efforts end up being successful and he will become a “permanent resident” of the spiritual world.

From the 1st part of the [Daily Kabbalah Lesson 10/31/10](#), “The Need for Love of Friends”